

Impacting the Future of Hydrocephalus with Your Legacy- Making the Gift that Keeps on Giving

Remember the Hydrocephalus Association in your estate plans—and join the Fudge Solomon Legacy Society. Named for the Association's founders, Emily Fudge and Cynthia Solomon, the Legacy Society was established to recognize and honor those who make a personal commitment in their estate plans to curing hydrocephalus.

Making financial decisions today is complicated. But changing the future of hydrocephalus for generations to come is easy. By considering creative and flexible options to support those you love and causes which you cherish—such as promoting a cure for hydrocephalus and improving the lives of one million Americans affected by the condition—you can help ensure that HA continues its life-changing work for future generations. Here are some ways your legacy gift can offer you and your heirs tangible benefits, while supporting HA's mission long into the future.

Bequests

You can make a bequest by naming HA in your will or living trust. Your bequest has no impact on your current cash flow, and you can modify your bequest at any point through a codicil to your will or an amendment to your trust. Your bequest to HA is entirely free from federal estate taxes, and there is no upper limit on estate tax deductions taken for charitable bequests.

To name HA your beneficiary, we recommend using the following language:

I hereby give and bequeath \$____, or ____percent of the rest, remainder and residue of my estate, or the proceeds from the sale of real estate by my estate that I own located at _____, to the Hydrocephalus Association, located at 4340 East West Highway, Suite 905, Bethesda, MD, 20814, Federal tax ID #94-3000301.

Retirement Plans and IRAs

Consider making a tax-wise gift to HA from your retirement plan or IRA to reduce taxes on your estate or heirs. Your loved ones must pay income tax on inherited retirement accounts or IRAs, and these are typically the largest source of assets that trigger taxable income when paid to the beneficiary. But these assets are not subject to income taxation when left to HA. It is generally advantageous to

leave nontaxable assets (such as real estate and stocks) to your loved ones and taxable assets (retirement accounts and IRAs) to tax-exempt organizations, like HA. Structuring a retirement bequest in this way can result in more money passing to your heirs.

Compare the Tax Consequences \$100,000 IRA Left to Heirs vs. HA

IRA Beneficiary	Individual	HA
Value of IRA at death	\$100,000	\$100,000
Federal Income Taxes	-\$35,000	\$0
Net to Beneficiary	\$65,000	\$100,000

To make a gift to HA from your retirement plan or IRA, just complete a beneficiary designation form naming HA as beneficiary and the percentage (1-100) you'd like us to receive, then submit it to the administrator and keep a copy. You can change the forms at any time, without having to execute or revise a will.

Life Insurance Policies

If your family's needs have changed, and you no longer need to provide your loved ones with the security of a life insurance policy, why not use the policy to advance HA's mission? You can name HA as a recipient of all or part of the proceeds from the policy or make a charitable donation of the policy's accumulated value during your lifetime. And—if your situation changes—you can always change your designation.

To designate HA as the beneficiary for any portion of your life insurance policy's death benefit, just contact your insurance company or agent and request a beneficiary designation form. Complete and return it to the insurance company, keeping a copy for your records.

Please consider making one of these special gifts to perpetuate your commitment to HA's vital work. Regardless of the method you choose, you should consult with your attorney, accountant, or financial planner to ensure that your gift fits your personal situation.

For more information about any of our gift opportunities, please contact Patrick McCormick, Associate Director of Development. You can contact him by telephone at 240.483.4181, by email at patrick@hydroassoc.org, or by returning the enclosed reply form. Please let Patrick know if you have included HA in your will, trust, life insurance policy, or individual retirement plan, so he can thank you for your future support.

Fudge Solomon Legacy Society

The Fudge Solomon Legacy Society is named for the two founders of the Hydrocephalus Association – Emily Fudge and Cynthia Solomon. Fudge and Solomon met in 1983 when their sons were diagnosed with hydrocephalus, and this legacy fund commemorates their lasting contribution to the Hydrocephalus Association.

The Fudge Solomon Legacy Society singularly supports the Hydrocephalus Association's mission to eliminate the challenges of hydrocephalus and help ensure the growth and security of the organization's programs. Donations to this fund represent an opportunity for supporters to ensure the organization's research, support, advocacy and education work continues by placing a gift to HA in their wills, trusts or estate plans.

This is the second of our newsletter series *Planning from the Heart*, which we have created in order to showcase this program.



Cynthia Solomon and Emily Fudge

CONNECT

15TH NATIONAL CONFERENCE ON HYDROCEPHALUS
 Orange County, California | June 28-30, 2018 | www.hydrocephalusconference.org

HEALTHCARE PROFESSIONAL DAY
 Providing continuing medical education for physicians and nurses

PLENARY SESSIONS
 Updates on the latest hydrocephalus research

EDUCATIONAL SESSIONS
 Over 70 interactive sessions for patients and families

The Jacobsen Family



HA is extremely grateful for the many individuals and families that have joined the journey to find a cure for hydrocephalus and to improve the lives of those affected by the condition.

The day we were told our daughter, Tess, had hydrocephalus she was barely 24 hours old. We looked at each other and went “hydro what”? Little did we know then we would discover the Hydrocephalus Association and all grow up and thrive together.

Tess is now a sophomore at the University of Oregon and HA has successfully relocated from San Francisco to Bethesda. HA has meant so much to our family over the past 20 years--we definitely credit the organization with being a vital source of support on our journey.

We joined The Fudge Solomon Legacy Society to ensure HA remains a viable organization for years to come, continuing to: (1) support families with members who have hydrocephalus with guidance and knowledge and (2) support research into ways to prevent, manage and live with hydrocephalus.

Key on our path has been the support we’ve received from HA affecting our daily lives. We walked in WALKS and attended conferences, along the way meeting families just like ours and making new friends who would become an invaluable network of support. We found the HA support materials for teachers to be invaluable. We shared a copy every year with Tess’s teachers and support staff.

With the inevitable hospital visits and the ever-growing list of side effects from hydrocephalus, we quickly learned HA was there to help. We weren’t alone nor the first family to experience seizures, unexplained violent headaches, or a myriad of other issues.

Over the years, each of us has also given back to HA. Bob joined the Board of Directors, at one time serving as President, and is currently a member of both the Support & Education and Scholarship Committees. Tess is a member of the Teens Take Charge Advisory Council and chose to partner with HA on her Girl Scout Gold Award Project, developing materials for teens to develop their personal self-advocating skills. Sandi has been the glue keeping it all together and she became a Boozle Bear-making expert, producing dozens of bears over the years.

The Hydrocephalus Association has been there for our family for nearly 20 years. Through The Fudge Solomon Legacy Society, it is our hope the Hydrocephalus Association will remain the go-to association offering compassionate support for individuals and families affected by hydrocephalus. We look forward to the day when a cure is found.

Spread the Word about Normal Pressure Hydrocephalus.

If you or a loved one receive a devastating diagnosis of Alzheimer’s or Parkinson’s diseases, the cause may actually be a treatable condition called Normal Pressure Hydrocephalus (NPH).

Shunting can stop the progression of NPH, reverse its symptoms and give people back their lives.

If you see a combination of these symptoms:

- **Difficulty walking**, with feet shuffling as though glued to the floor, sometimes compared to the way a person walks “on a boat,” with the body bent forward and legs held wide apart. Unsteadiness, leg weakness, sudden falling and difficulty taking a first step.
- **Decline in cognitive skills**, including slowing of thought processes, apathy, impaired planning and decision-making, memory loss, reduced concentration and changes in personality and behavior.
- **Loss of bladder control**, which tends to appear somewhat later than difficulty walking and cognitive decline.

Download these cards from our website to spread the word about NPH. Share them at doctors’ offices, supermarkets, community centers, assisted living facilities or other locations serving individuals over 55 years of age.



It may indicate NPH.

Learn more at www.hydroassoc.org.

Members of The Fudge Solomon Legacy Society

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 Jan H. Adams, PhD, DNP
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 Frank Burstein
 Elizabeth “E.K.” Butler
 Caren Cash
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 June and Raymond Moser
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 Christine and Daniel O’Connor
 Shannon O’Connor
 Melinda S. Parker
 David and Vanessa Poster in memory of
 Grace Poster
 Michele and Larry Rivkin
 Mike and Tara Schwab
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 Walters
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